



MONTHLY

NEWSLETTER

MARCH 2026

MARCH

HAPPY
**Women's
Day** 2026



PRESIDENT'S MESSAGE

Women: The Heart of Healthcare

Commemorating International Women's Day — March 8



Dear Colleagues and Friends,

Women are not merely participants in healthcare — they are its backbone. Globally, women comprise nearly 80% of the health workforce, and Tamil Nadu's own public health successes — in maternal health, infant mortality, and disease control — rest squarely on the shoulders of women doctors, nurses, paramedics, and ASHA workers who serve with quiet, unwavering dedication.

Beyond numbers, women bring something irreplaceable to medicine: the gift of empathy. Research shows that women clinicians spend more time with patients, communicate more effectively, and build greater trust. In a profession where healing is as much human as it is clinical, these qualities are not peripheral — they are essential.

Yet we must be honest about the barriers that remain. Gender pay gaps, underrepresentation in leadership, the double burden of career and caregiving, and workplace safety concerns continue to hold women back. Acknowledgement without action is not enough.

"Healthcare has always had a woman's heart. It is time it also add a woman's voice — in every room where decisions are made." AHPI Tamil Nadu remains committed to mentorship, gender-equitable workplaces, and amplifying women's leadership across our member institutions. This Women's Day, let us move beyond celebration to systemic change — because when women in healthcare thrive, patients and communities thrive with them.

With warmth and respect,

Dr. Sathish Devadoss

President, AHPI Tamil Nadu Chapter

HEAD BOARD WEEKLY MEETING



AHPI-TN Insurance Grievance Redressal:

If you have any concerns with Private Insurance / TPAs, you may reach out to us

Ms. Deepika - 96000 06584

HAPPY INTERNATIONAL WOMEN'S DAY!

On behalf of AHPI, let me take this opportunity to wish all our beautiful women, a Very Happy International Women's Day!



As we celebrate this day, on the 8th of March, I thought I would pen a few lines emphasizing the importance of gender equity in all aspects of our society.

Did you know that there was a poll by the Thomson Reuters Foundation, among the G20 nations, and India was ranked as one of the worst places to live for women? Though India is a very religious society, and we revere women in the form of goddesses, yet it is unfortunate that we do not worship the same qualities in our women at home.

Isn't it ironic that though we call her 'Ghar ki Lakshmi', we do not encourage girls to work? Isn't it ironic that most of rural India doesn't believe in educating a girl child? Given a choice, many families would rather invest in educating their son, over their daughter. Isn't it ironic that if a woman tries to fight injustice in the family, we try to squash her from within & ask her to tolerate being harassed? If she can't bear the abuse anymore, she is told that she has no respect and is falsely accused. Isn't it ironic that even now, at most workplaces, it is hard for educated women to climb the ranks of the ladder, and her inputs are not really considered since a patriarchal mindset is deeply embedded in our Indian mentalities? Only a handful like Mrs. Indira Gandhi, Dr. Kiran Bedi, Mrs. Indra Nooyi, Dr. Sowmya Swaminathan, Ms. Kalpana Chawala, Dr. Lallu Joseph, etc. have been able to burst this bubble.

Gender equality is truly a basic human right. So, let's stop being hypocrites, and instead, ensure that each of us, domestic goddesses, get the recognition and respect we deserve in this Avatar!

Warm Regards

Sandhya Cherian

Treasurer, AHPI Tamil Nadu Chapter

Vice President – Frontier Lifeline Hospital

Interviewed by:



Ms. Gayathri Sandeep
Vice President, AHPI-TN

INTERVIEW WITH MS. B. BHARATHI REDDY

Over the last four decades, you have not only managed the complexities of a family concern but have done so with a grace and kindness that has become a benchmark for leadership in our community.



Managing Trustee
Vijaya group of Hospitals
Chennai

As we look back on your 40-year tenure, I have prepared a few thoughtful questions to capture your journey, your wisdom, and the heart behind your leadership. Please feel free to share your reflections below.

Q1. On Balancing Legacy and Growth

You have managed your family concern the Vijaya Hospital Foundation for over 40 years. How have you balanced the intimacy of a family legacy with the clinical, high-pressure demands of modern hospital administration?

Reflection:

When you inherit a hospital built by your family, you inherit more than infrastructure – you inherit trust. That trust is sacred. For me, balancing legacy and growth meant understanding that legacy is not about preserving old systems; it is about preserving values.

Compassion, ethical practice, accessibility – those were non-negotiable. Modern hospital administration demands data, challenging competition, speed, compliance, technology, and difficult financial decisions. But every time I sit in a board meeting, I ask one simple question: Would this decision make the founder proud? Would it serve the vision of our founder honestly? Growth without values becomes corporate. Values without growth become outdated. My role has been to balance the two while holding on to them with reverence.

Q2. On the Evolution of Leadership

Having started your leadership journey in your 20s and now leading in your 60s, what is one "rule" of management you firmly believed in 40 years ago that you have since completely changed your mind about?

Reflection:

Forty years ago, I believed a leader must always have the answer. I thought strength meant certainty. Today, I believe the opposite. Strength is the ability to say, "I don't know – let's find out together." In my 20s, I managed through authority. In my 60s, I lead through listening. The biggest shift has been understanding that leadership is less about control and more about clarity and teamwork. It hasn't been easy, given that I am a woman leader. While listening and teamwork are quite important, it is also important I do not give in to "mansplaining" and the generic patriarchal mindset that "women know nothing". I draw the line clearly without raising my voice. But learning to do this has been my biggest challenge.

To be continued in the next edition ...

MEMBERSHIP DETAILS

3 YEARS MEMBERSHIP FEES		
1.	0 - 50 Beds	₹7,500 +gst
2.	51 - 100 Beds	₹15,000 +gst
3.	101 - 200 Beds	₹30,000 +gst
4.	More than 200 Beds	₹60,000 +gst

LIFE MEMBER SHIP FEES STRUCTURE		
1.	Less than 100 Beds	₹2,00,000 +gst
2.	101 - 200 Beds	₹3,00,000 +gst
3.	More than 200 Beds	₹5,00,000 +gst
4.	More than 2 Units	₹10,00,000 +gst

ACCOUNT DETAILS

Account Name: AHPI Tamilnadu
Account Number: 50200039785901
Bank Name: HDFC Bank
Branch Name: North Veli Street, Madurai
IFSC Code: HDFC0000123

Scan to Join
Membership



Address for Correspondence

President - AHPI-TN Chapter, Devadoss Hospital
75/1, Alagarkovil Road, Surveyor Colony,
Madurai - 625 007. Tamil Nadu.

Mrs. Deepika

Executive Secretary- AHPI-TN

+91 96000 06584

secretarialexecutive@ahpitn.in