



MONTHLY

# NEWSLETTER

APRIL 2026



7<sup>th</sup>  
APRIL



# PRESIDENT'S MESSAGE

**Dear Esteemed Members,**

The ongoing geopolitical tensions in the Middle East are beginning to impact global energy and supply chains. While this may seem distant, its effects on the healthcare sector can be immediate and significant. As leaders of hospitals across Tamil Nadu, it is important that we prepare in advance to ensure continuity of patient care.

The most critical areas of concern for hospitals at this time are **\*fuel availability, power stability, medical oxygen logistics, and the supply of essential drugs and consumables\***. Even short disruptions in these areas can affect operations, particularly in critical care settings.

I urge all member hospitals to first secure **\*fuel and power backup systems\***. Ensure adequate diesel reserves to support operations for at least 7–10 days and verify that generators and electrical systems are fully functional with necessary maintenance and spares in place.

**\*Medical oxygen preparedness\*** must also be reviewed. Maintain sufficient buffer stock in both bulk and cylinder formats, and consider having a secondary supplier wherever possible. Regular monitoring of consumption and prevention of leakages can significantly improve reliability.

Equally important is the **\*availability of essential medicines and high-usage consumables\***. Hospitals should identify their most critical items—particularly ICU drugs, IV fluids, and disposables—and maintain at least 2–3 weeks of buffer stock. Diversifying vendors and avoiding dependence on a single supplier will reduce risk.

At the same time, we must adopt **\*responsible resource utilization\***. This includes minimizing unnecessary energy consumption, improving efficiency in the use of disposables, and reviewing elective procedures if supply constraints emerge.

I recommend that every hospital establish a **\*simple daily monitoring system\*** for key resources such as fuel, oxygen, and critical supplies. Early signs like delayed deliveries or reduced vendor fulfillment should be addressed promptly.

As AHPI Tamil Nadu, our collective strength lies in collaboration. I encourage all members to stay connected and support one another where possible. Coordination within our network and engagement with authorities will be essential if challenges intensify.

This is not a situation for alarm, but for preparedness. With timely action and coordinated effort, we can ensure uninterrupted care for our patients.

*Warm Regards,*

**Dr. Sathish Devadoss**

*President, AHPI Tamil Nadu Chapter*

## AHPI-TN Insurance Grievance Redressal:

If you have any concerns with Private Insurance / TPAs, you may reach out to us

**Ms. Deepika - 96000 06584**

## AHPI – TN Insurance Meet with Star Health Insurance

AHPI–Tamil Nadu Chapter recently convened a focused stakeholder meeting with Star Health Insurance in Chennai to address key operational challenges in hospital–insurer engagement.

The discussion centered on streamlining claims processes, improving turnaround times, enhancing transparency in settlements, and establishing structured escalation mechanisms. Both stakeholders agreed on the need for joint training initiatives, standardized documentation practices, and continued dialogue to strengthen collaboration and improve patient experience across the healthcare ecosystem.



## AHPI–TN Partners with Affordplan to Enhance Procurement Transparency

AHPI–Tamil Nadu Chapter has entered into a strategic collaboration with Affordplan to improve procurement efficiency and transparency for member hospitals across the state.

Through this partnership, AHPI–TN members will gain access to Procalyx™, Affordplan's procurement optimization platform, which enables hospitals to compare products, benchmark prices, and make more informed purchasing decisions in the pharmaceutical and medical device segments.

Procurement has long been a challenge for hospitals due to fragmented data and lack of price visibility, often leading to cost variations for the same products. This initiative aims to address these gaps by providing a standardized, data-driven framework that supports better financial planning without compromising on clinical quality.

The collaboration also ensures preferential access and dedicated support for AHPI–TN member hospitals, enabling seamless integration into existing workflows.

Speaking on the initiative, Dr. Sathish Devadoss, President, AHPI–TN, highlighted that the partnership will help hospitals manage procurement costs more effectively and strengthen financial sustainability.

Mr. Adel J., Secretary, AHPI–TN, added that the initiative comes at a crucial time, helping hospitals enhance financial visibility while optimising resources and maintaining quality of care.

This collaboration reflects AHPI–TN's continued commitment to providing practical, technology-driven solutions that improve operational efficiency and support member hospitals in delivering high-quality healthcare.



Interviewed by:



**Ms. Gayathri Sandeep**  
Vice President, AHPI-TN

**INTERVIEW WITH MS. B. BHARATHI REDDY**



**Managing Trustee**  
Vijaya group of Hospitals  
Chennai

**Q3. The landscape for women in 2026 is very different than it was 40 years ago. From your perspective, what is the biggest barrier women leaders are still facing today, and how can they overcome it?**

**Reflection:**

Women still face one persistent barrier – the expectation to be exceptional, not just competent. Not just at the workplace but at home too. If your husband has a health issue, you're blamed for not being a good caring wife. If your child fails in an exam, you've failed as a mother because you're bothered about your career than your family.

At work, men are often judged on potential. Women are judged on proof.

The way to overcome this is not by overworking to exhaustion. It is by building credibility steadily, choosing battles wisely, and finding allies – both male and female – who respect competence and who can support you with your home and work.

Most importantly, women must stop feeling guilty and stop apologising for ambition.

**Q4. Many talented women start their careers with great ambition but find they are unable to 'make it' to the executive level due to systemic barriers or personal burnout. Looking back at your own 40-year climb, what do you think is the secret to sustained success that many women miss or are denied?**

**Reflection:**

The secret to sustained success is stamina – emotional stamina. Healthcare leadership is not glamorous. It is crisis calls at midnight, ethical dilemmas, financial strain, and human grief. Many talented women burn out because they try to excel everywhere at once – home, office, and social expectations. You cannot pour from an empty cup. What will sustain you is what you do to stay healthy in the process. What you do to have ample sleep and ample rest. How you outsource what you can to efficient subordinates. What sustained me was accepting that balance changes across decades. Some years are heavy on work. Some years require stepping back. Success is not a straight line; it is endurance.

To be continued in the next edition ...

**MEMBERSHIP DETAILS**

3 YEARS MEMBERSHIP FEES		
1.	0 - 50 Beds	₹7,500 +gst
2.	51 - 100 Beds	₹15,000 +gst
3.	101 - 200 Beds	₹30,000 +gst
4.	More than 200 Beds	₹60,000 +gst

LIFE MEMBER SHIP FEES STRUCTURE		
1.	Less than 100 Beds	₹2,00,000 +gst
2.	101 - 200 Beds	₹3,00,000 +gst
3.	More than 200 Beds	₹5,00,000 +gst
4.	More than 2 Units	₹10,00,000 +gst

**ACCOUNT DETAILS**

**Account Name: AHPI Tamilnadu**  
**Account Number: 50200039785901**  
**Bank Name: HDFC Bank**  
**Branch Name: North Veli Street, Madurai**  
**IFSC Code: HDFC0000123**

Scan to Join Membership



**Address for Correspondence**

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